

Frozen Greek Yogurt Breakfast Bark

Prep Time: 20 minutes Freeze Time: 3-4 hours Yield: 12 servings

Method:

1. **MIX** together yogurt and honey. **SPREAD** yogurt onto parchment paper on a flat surface, about 1/4 - 1/2 inch thick.
2. **SPRINKLE** granola, diced fruit, and chocolate chips onto the yogurt. **PRESS** down gently with a spoon to ensure all toppings are touching the yogurt.
3. **COVER** with plastic wrap and **FREEZE** for 3-4 hours, or until yogurt is hard.
4. **BREAK** into pieces and **ENJOY!**

Variations:

- Swap kiwis and mango for berries or other seasonal fruits.
- Drizzle seed or nut butters on top to add flavor or texture.
- Add seeds or nuts as toppers on the bark.
- Use brown sugar instead of honey/syrup.
- Swap granola with muesli or other cereal.



Ingredients:

- 2 1/2 cups Greek yogurt
- 1 tbsp maple syrup or honey
- 1/4 cup granola
- 2 kiwis, diced
- 1 mango, diced
- 1 tbsp chocolate chips

May contain tree nuts or nut product.

